



Supported Row

S2-2-SR

- Overhead pivoting and converging compound arc for safe and natural movement
- Unilateral operation for balanced strength development
- Dynamic variable resistance
- Adjustable chest support pad

Muscles:

- Latissimus Dorsi
- Elbow Flexors
- Rhomboids
- Trapezius (Middle)
- Post. Deltoid

Length(mm):	1510
Width(mm):	1475
Height (mm):	1960
Machine Weight (kg):	124

Weight Stack	
Standard (kg):	8

