



Smith Machine

S2-2-SM

- 7-degree movement angle offset follows a line of best fit mimicking the normal and natural biomechanical movement path for pressing and squatting exercises.
- Quiet linear bearing guided movement
- Counter weight operates silently inside oval tube frame

Muscles:

- Soleus

Length(mm):	2186
Width(mm):	1582
Height (mm):	2172
Machine Weight (kg):	170

Starting Weight
Standard (kg):

10