



Shoulder Press

S2-2-SP

- Rear pivoting and converging compound arc for safe natural movement
- Unilateral operation for balanced strength development
- Dynamic variable resistance

Muscles:

- Ant. & Mid Deltoid
- Upper Traps
- Triceps

Length(mm):	1625
Width(mm):	985
Height (mm):	1242
Machine Weight (kg):	70

Weight Stack	
Standard (kg):	10

