



Deadlift/Lunge/Shrug

S2-2-SQL

- Multiple functions – Deadlift/ Lunge/ Shrug
- Compact Design
- Dynamic variable resistance
- Dual height handle options with matching compensatory gearing
- Increasing versus decreasing variable resistance plate loading options

Muscles:

- Quadriceps
- Gluteus Maximus
- Hamstrings
- Adductors
- Erector Spinae
- Upper Traps

Length(mm):	1510
Width(mm):	1490
Height (mm):	850
Machine Weight (kg):	89

Weight Stack	
Standard (kg):	17.5

