



## Omni Leg Press

SI-1-OLP

- Bilateral Stability Control for balanced strength development
- Dual operation seated and lying Leg Press options
- Multi angle backrest positioning
- User friendly starting position adjustment mechanism, easily accessible from seated or lying position
- Large foot plate for variable foot positioning

### Muscles:

- Quadriceps
- Gluteus Maximus
- Hamstrings
- Adductors
- Gastrocnemius
- Soleus

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Length(mm):	<b>2134</b>
Width(mm):	<b>934</b>
Height (mm):	<b>1370</b>
Machine Weight (kg):	<b>543</b>

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### Weight Stack

Standard (kg):	<b>195</b>
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