



## Leg Extension

SI-1-LE

- Bilateral Stability Control for balanced strength development
- Variable resistance cam to provide greater resistance throughout the range of motion
- Range of Motion adjustment for optimal pre-stretch
- Centre drive mechanism prevents torsional flexion and allows easy, user friendly side entry
- Raised and contoured lower posterior thigh support padding to ensure maintenance of correct knee alignment during movement
- Gas assisted back rest adjustment
- Adjustable tibia pads to accommodate users of every height.

**Muscles:**  
- Quadriceps

Length(mm):	<b>1280</b>
Width(mm):	<b>1318</b>
Height (mm):	<b>1389</b>
Machine Weight (kg):	<b>385</b>

### Weight Stack

Standard (kg):	<b>148</b>
----------------	------------

