



Hip Adduction

SI-1-HAD

- Variable resistance cam to provide the correct resistance through the range of motion
- Range of Motion (R.O.M) start adjustment

**Muscles:**  
- Adductors

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Length(mm):	<b>1159</b>
Width(mm):	<b>1611</b>
Height (mm):	<b>1389</b>
Machine Weight (kg):	<b>267</b>

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<b>Weight Stack</b>	
Standard (kg):	<b>75</b>

