



Lat Pull Down

SA-1-LP

- Weight stack easily accessible from seated position

Muscles:

- Latissimus Dorsi
- Elbow Flexors
- Rhomboids
- Trapezius (Lower)
- Trapezius (Middle)
- Post. Deltoid

Length(mm):	1627
Width(mm):	1012
Height (mm):	2215
Machine Weight (kg):	308

Weight Stack	
Standard (kg):	110

